

What's N What's O

The latest on our style radar

IN

Edgy French Manis

"Cool color combos add an unexpected pop to any look! We've seen celebs rocking interesting pairings. like a deep jewel tone with silver, clear with bright blue, or baby pink with black." -Katie Dickens, beauty editor,

PEOPLE STYLEWATCH



"An increasing number of coffee shops are now serving wine and beer at night. It gives businesses more flexibility and allows loyal customers to have more reasons to hang out into the evening. Chains like Starbucks and Così have recently rolled out this concept too." -Leslie Sbrocco, cofounder, Thirstygirl.com





The New Normal)

Modern Families

"Based on the success of shows like Modern Family and The Middle, nontraditional broads are the focus of a lot of the latest comedy shows this fall. NBC's The New Normal and FOX's Ben and Kate are just two that focus on unique households." - Jennifer Ganshirt, managing partner, Frank About Women, a marketing-to-women consultancy

Food Raves

"In many cities aspiring chefs are throwing together DIY meetups that people are calling 'food raves,' where they set up carts

or stalls in outdoor spaces or warehouses and sell their culinary creations. The format allows you to support local vendors and sample all sorts of new dishes and desserts!" - Danyelle Freeman, founder, Restaurantgirl.com

IN! Public potluck parties!

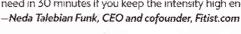


OUT

Extra-Long Workouts

"The thinking used to be: the longer you exercise, the better the results. These days, however, gyms like Equinox and fitness studios like Flywheel and SLT have lots of 50-minute-or-less classes. You can accomplish all you

need in 30 minutes If you keep the intensity high enough."



Stacks of Photo Albums

"Keeping albums is great, but they can take up so much space.

OUT! Actual albums!

Now, sites like Facebook and Flickr and apps like Instagram and ScrapPad let you create virtual albums. They've all but eliminated the need to buy an album or scrapbook." -Lisbeth Ortega, editor, Photojojo

Maratho

sweat

sessions!

(Maria Menounos)

Cocktail Meetings

"Getting drinks with a coworker or client can be tricky. Is it okay to have more than one drink? What if you get a little tipsy and say something you shouldn't? Now women are scheduling more healthy networking activities, like meeting up for a fitness class or heading to Jamba Juice." -Kat Griffin, founder, Corporette.com



Tech-Stalking Your Crush

"It's hard to resist looking up the person you were blindly set up with,



but people are trying to hold off on overconnecting to a potential sultor. If you're instantly friends on Facebook, following his Twitter feed and reading his blog, you end up knowing too much, too soon." -Jessica Massa, dating expert and author of The Gaggle

OUT! Being a date detective!