

# Maternity Wardrobe Checklist

(See our post on "[Maternity Workwear Essentials](#)" for specific product suggestions.)

## **WHAT TO WEAR EVERYWHERE**

- 3–5 casual t-shirts and/or tanks
- 2 camisoles (demi-camisoles may also work well during this period)
- 2–4 dresses (work and weekend!)
- 1–2 pairs of jeans (more if you can wear jeans to work)

## **WEAR TO WORK**

- 2–4 pairs of pants
- 1 pencil skirt
- 1 blazer (But only really late in your pregnancy!! I wore my regular blazers until week 38.)
- 1 “tailored”/nice dress; can be worn with a blazer
- (Only if in court, or if you work in a Very Conservative office: look for 1–2 maternity suits.)

## **SPECIAL OCCASIONS**

- 1 special dress (baby showers, date nights)
- 1 going-out top (If your style is pretty minimal you may want to splurge for a great statement necklace here instead.)

## **ACCESSORIES**

- 1–2 non-minimal necklaces—don’t have to be statement necklaces, but color/size help draw the eye up
- 1-2 scarves (You can use it to hide pregnancy cleavage or as a nursing cover later.)
- comfortable shoes for pregnancy feet (particularly to support your arches!)

## **IF YOU'LL BE PREGNANT IN WINTER**

(This only really applies if lots of winter months fall in the 25–42 week timeline.)

- 1–3 pairs of maternity tights
- 1 maternity coat
- 1–2 cardigans or sweaters
- 1–2 sweater dresses

## **LOUNGING**

- 1–3 maternity leggings, yoga pants, joggers
- nice slippers for all those late-night trips to the baby’s room and maternity leave (get ones with arch support if you can!)

## **UNDERGARMENTS**

- 1–3 new bras (Wait until you need them, but budget for them.)
- 1–2 Bella Bands (especially for earlier in your pregnancy when your regular pants might fit... with just a little help)

## **MATERNITY LEAVE CLOTHES**

In truth, you’ll mostly be wearing some of your maternity clothes, or maybe your old lounge clothes — but you’ll need a few more things:

- 1–5 nursing bras
- 1–2 nursing camisoles (easy access while providing fuller coverage for your chest and belly with a variety of tops) — Undercover Mama was my favorite
- 1–3 nursing nightgowns (Try one and see if you like it better than your regular choices.)